

THESIS

ADAPTING RGB POSE ESTIMATION TO NEW DOMAINS

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## ABSTRACT

### ADAPTING RGB POSE ESTIMATION TO NEW DOMAINS

Many multi-modal human computer interaction (HCI) systems interact with users in real-time by estimating the user's pose. Generally, they estimate human poses using depth sensors such as the Microsoft Kinect. For multi-modal HCI interfaces to gain traction in the real world, however, it would be better for pose estimation to be based on data from RGB cameras, which are more common and less expensive than depth sensors. This has motivated research into pose estimation from RGB images. Convolutional Neural Networks (CNNs) represent the state-of-the-art in this literature, for example [1–5], and [6]. These systems estimate 2D human poses from RGB images.

A problem with current CNN-based pose estimators is that they require large amounts of labeled data for training. If the goal is to train an RGB pose estimator for a new domain, the cost of collecting and more importantly labeling data can be prohibitive. A common solution is to train on publicly available pose data sets, but then the trained system is not tailored to the domain. We propose using RGB+D sensors to collect domain-specific data in the lab, and then training the RGB pose estimator using skeletons automatically extracted from the RGB+D data.

This paper presents a case study of adapting the RMPE pose estimation network [4] to the domain of the DARPA Communicating with Computers (CWC) program [7], as represented by the EGGNOG data set [8]. We chose RMPE because it predicts both joint locations and Part Affinity Fields (PAFs) in real-time. Our adaptation of RMPE trained on automatically-labeled data outperforms the original RMPE on the EGGNOG data set.

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## DEDICATION

*I would like to dedicate this thesis to my family, friends, and mentors*

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# Chapter 1

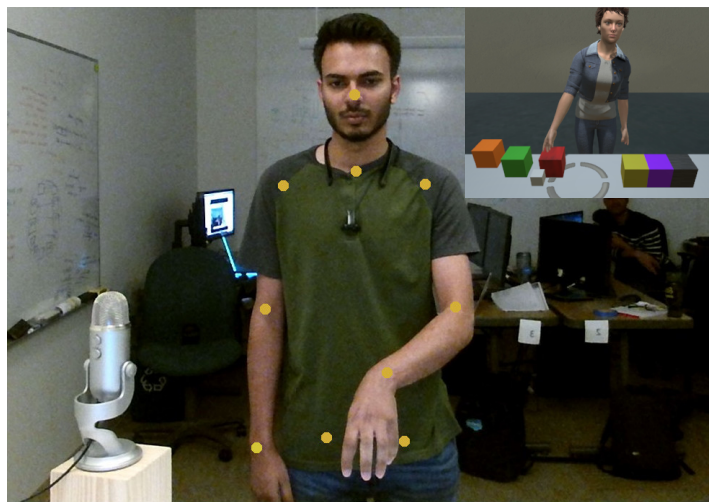
## Introduction

Multi-modal Human Computer Interaction (HCI), activity recognition, and motion capture systems estimate and extract human poses using depth sensors [9]. HCI systems with agents, in particular, interact with users in real-time by estimating the user’s pose. Depth sensors like the Microsoft Kinect have made collection of pose data in laboratories feasible and commonplace. However, automated human pose estimation without the use of depth sensors is a significant goal in the further development of the multi-modal human computer interfaces with agents. For this technology to propagate in the real world, it would be better for pose estimation to be based on data from RGB cameras, which are more common and less expensive than depth sensors. This has motivated an entire branch of literature on skeleton pose estimation from RGB images without using depth sensors. Convolutional Neural Networks (CNNs), in particular, represent the state-of-the-art in this literature [1–6, 10]. Our goal is to estimate human poses using only RGB data with CMU’s RMPE architecture [4] as accurately as what the Microsoft Kinect v2 generates using RGB and depth data.

In particular, this thesis presents a case study on pose estimation using CNNs from either static images or videos without the use of depth sensors. Our task is to adapt the RMPE network to the needs of DARPA Communicating with Computers (CWC) program [7] as represented by its EGGNOG data set [8]. We chose the RMPE network for its novel architecture that predicts both joint locations and Part Affinity Fields (PAFs) in real-time. Our adapted RMPE network aims to replicate Kinect v2’s skeleton prediction capability in CWC domain without actually using depth sensors. The scientific question being investigated is whether a domain-specific version of RMPE trained on automatically-labeled data will outperform the standard RMPE trained on COCO [11].

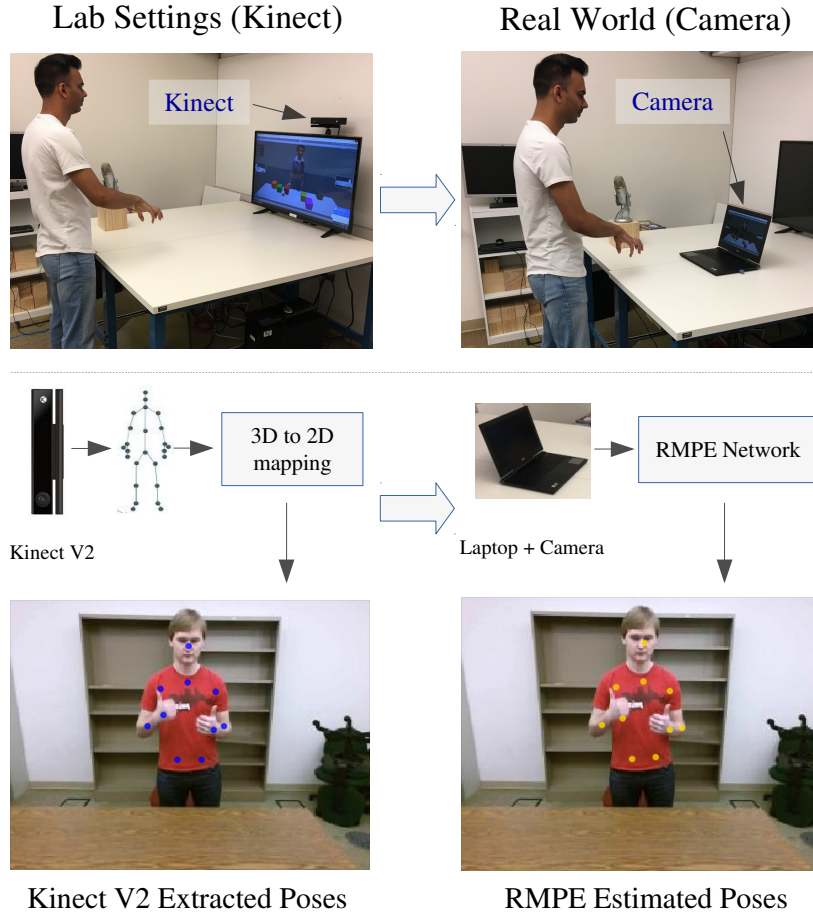
The adapted RMPE generates labeled skeleton poses required by an agent to interact with users in the CWC program. As shown in Figure 1.1, the virtual agent avatar perceives user’s motions through poses predicted by our adapted RMPE. The agent understands user’s gestures by analyzing predicted joint locations (marked in yellow) and hand poses over time and responds appropriately

to the user in the context. In this way, pose estimation facilitates gesture comprehension which in turn helps the system achieve multi-modal communication via gestures and speech. Figure 1.2 shows the adaptation scenario. The left section shows lab settings wherein we extract 2D poses from 3D skeleton estimated by the Kinect v2. Idea is to train adapted RMPE on large-scale Kinect data collected in the lab. This trained network can be used outside the lab to estimate poses from traditional RGB cameras (right section of Figure 1.2). As compared to the Kinect v2, this setup consisting of a laptop and its build-in camera can be easily deployed in the real world.



**Figure 1.1:** Goal of Communicating with Computers program: multi-modal communication between user and agent (inset)

Pose estimation using RMPE architecture has applications in scenarios where a Kinect-like sensors cannot be used for each deployment. One strategy is to collect Kinect data and extract annotated poses to create a training data set. This training data can be used to train an application that predicts poses from RGB images. In this way, deployment of the application does not need Kinect-like sensor. One of the major challenges with current CNN-based pose estimators is that they require large amounts of labeled data with training pairs (RGB images and corresponding 2D poses). If the goal is to train an RGB pose estimator for a new domain, the cost of collecting and more importantly labeling data can be prohibitive. A common solution is to train on publicly available pose data sets [11–13], but then the trained system is not tailored to the domain. We



**Figure 1.2:** Lab setup that uses Kinect v2 for pose estimation versus RMPE’s real world application that uses RGB camera for pose estimation

propose using RGB+D sensors to collect domain-specific data in the lab, and then training the RGB pose estimator using 2D skeletons automatically extracted from the RGB+D data.

In this thesis, we explore the training and evaluation process of the adapted RMPE pose estimation system in the context of the CWC domain. Originally, RMPE was trained and evaluated on COCO [11] and MPII [12] data sets that have different schemes for joint annotation as compared to the EGGNOG data set. Due to this representational shift in joint annotation, the original RMPE model requires modifications in its architecture and parameters prior to retraining on EGGNOG. The modified network is designed to handle the scheme of annotation used in EGGNOG. Specifically, we address the question whether RMPE architecture can be used in generalized way for a new data set other than COCO or MPII on which it was trained. The EGGNOG data set gives an

edge in this situation because it has: a) a giant collection of annotated frames and b) a consistent scheme of annotation provided by Kinect v2 that exploits ‘depth’ channel information. We explore the necessary modifications to the original RMPE architecture and its parameters to get results on EGGNOG that are comparable to using RMPE on EGGNOG. Moreover, we perform ablation studies to reveal effects of different parameters on the performance of the modified network.

Pose estimation techniques like RMPE use CNNs to locate human joints (e.g., head, shoulders, elbows) in RGB images. Usually the goal is to train networks that will perform well across a wide variety of poses, backgrounds, view angles, and imaging conditions. For instance, RMPE was trained on COCO data set [11] with a diverse set of poses so that it generalizes well across domains. Sometimes, however, applications are more constrained and tightly controlled in which case it may be possible to train a network that will be more accurate in the context of that special application. In this study, we discuss if this sort of specialization achieved by retraining the network benefits the domain of CWC.

One of the most challenging aspects of adapting a pose machine such as RMPE to a new domain is collection of labeled training data. Generally, these networks are trained on manually annotated (hand-labeled) data sets such as the COCO. However the manual labeling is expensive, time-consuming, and prone to mis-labeling and inconsistencies of label definitions. An alternative is to collect training RGB images with co-registered depth images (e.g., with Microsoft Kinect or Intel RealSense sensors) and then use existing 2D-pose-from-depth algorithms to automatically label the joint positions. This approach is not only inexpensive and quick but also makes it easy to collect a large number of labeled training images with a consistent label definition. However, it potentially introduces errors into the training data, since the 2D-pose-from-depth algorithms make mistakes and depth can be noisy. One of the goals of the thesis is to study if this style of training from automatically generated ground truth is feasible.

Our adaptation of RMPE trained on automatically-labeled EGGNOG data outperforms the original RMPE on the EGGNOG data set. The baseline model over which we perform ablation experiments consists of an adapted two-staged RMPE network [4] with both joint and Parts Affin-

ity Fields (PAFs) prediction branches. With this baseline model we study the effects of number of training examples, number of training subjects, degree of augmentation, fraction of augmented data, degree of regularization with weight decay and with spatial-dropout. We search over these parameters to understand the nature of our modified RMPE architecture. This parameter search is a marginal search along each of these variables while freezing the others to some specific value. Our experiments show that it is possible to replicate Kinect v2's skeleton pose labeling feature with the RMPE architecture trained to predict poses. They also show that RMPE can be used in a generalized fashion to new domains such as EGGNOG. Moreover, we demonstrate that retraining RMPE on an automatically annotated pose data set is feasible and the network can be specialized to perform well on the EGGNOG data set. For evaluation we primarily use Percentage of Correct Keypoints (PCK) metric proposed in [14]. On the EGGNOG data set, our baseline model achieves mean PCK@0.1 of 0.879 on a test set 5000 images chosen randomly with only a two-staged network trained on 40K images.

Finally, the road-map of this thesis is as follows. Chapter 2 reviews pose estimation literature addressing architectures and performance of various techniques with a focus on pose machines published by CMU [3, 4]. Chapter 3 introduces our adapted RMPE architecture. It discusses experimental methodology covering brief introduction to the EGGNOG data set, process of inputs and ground truths generation, data augmentation, and network parameters. It then goes over the baseline experiment showing the results of RMPE adaptation. Chapter 4 focuses on various experiments on top of the baseline and their evaluation. Purpose of these experiments is to perform line-search over parameters to find the best ones in the context of this case study on the EGGNOG data set. Chapter 5 concludes this thesis along with a discussion on possible future avenues for experimentation on pose estimation with the EGGNOG data set.

## Chapter 2

### Literature Review

Human pose estimation is a critical part of the systems such as CWC [7] that study and interact with people. Pose estimation is a challenging problem in computer vision and is an active area of research with its numerous practical applications in HCI [9, 15], motion capture [16], augmented reality [17], etc. For example, Narayana *et al.* [9] describe a multi-modal interface for an avatar, in which users gesture and/or speak to direct an avatar. Their system exploits body poses (a.k.a. skeletons) estimated by the Microsoft Kinect sensor. However, since the first application of CNNs to pose estimation problem in DeepPose [1], CNN based methods have consistently established the state-of-the-art for performance. Deep CNNs have propelled the pose estimation algorithms significantly in past few years with various strategies such as iterative refinement of the predictions at each network stage. This progress can be attributed to the ability of these networks to generalize on unseen data facilitated by the availability of large data sets such as MS COCO [11], MPII Human Pose [12], and PoseTrack [13].

Classical methods prior to advent of CNNs are based on the techniques such as pictorial structures [18–21] and graphical models [14, 22]. These methods predict joint locations from hand-crafted features that model interactions between joints. Hand-crafted features limit the generalization of network on varied human poses in the wild. Recent CNN based methods have regularly outperformed these classical methods by large margins [1–4, 23, 24]. In DeepPose by Toshev *et al.* [1], the pose estimation problem is formulated as regression to x and y coordinates of joints using a generic CNN. The joint relations were learned instead of designed by hand making the network generalizable. Based off this regression concept, Tompson *et al.* in [25, 26] and Newell *et al.* in [2] formulated CNNs that regress input images to confidence maps depicting the probabilities of the presence of joints. Moreover, Wei *et al.* in CPM [3] used a multi-stage CNN for the regression with large receptive fields allowing their network to learn strong spatial dependencies over the successive stages. More recently, Chen *et al.* in Cascaded Pyramid Network (CPN) [5] address

hard-to-estimate joints with a two-staged architecture consisting of GlobalNet and RefineNet. Xiao *et al.* in [6] present a simple and effective architecture based on ResNet [27] backbone network with addition of deconvolution layers to predict the confidence maps (heatmaps). These networks are based on the fundamental idea of regressing images to confidence maps.

Recently, Wang *et al.* released a large-scale video data set called EGGNOG [8] of naturally occurring gestures. This data set contains annotated poses for ~300K frames. EGGNOG is different from COCO in some aspects. EGGNOG is automatically generated using a Kinect v2 sensor unlike COCO which was manually labeled using Amazon's Mechanical Turk crowd-sourcing. EGGNOG, therefore, has consistent definitions of where joints should be while COCO has some 'subjective' factor due to manual labeling. EGGNOG is a domain-specific data set while COCO is a general-purpose data set with more variance in scales, sizes, backgrounds, poses, etc. of the people in the data set. Similar to COCO, EGGNOG provides avenues to evaluate the CNN based pose estimation methods which is one of the goals of this thesis. It is an open question how well CNN based pose estimation such as RMPE will perform when trained on automatically-extracted skeletons from the EGGNOG. This approach, to our knowledge, of retraining a pose estimation CNN off of a Kinect v2 data set such as EGGNOG to eventually replace the Kinect sensor is not a well-researched topic. It finds applications in HCI systems like CWC where computer interacts with users by understanding 2D human poses.

Methods such as Convolutional Pose Machine (CPM) [3] and RMPE [4] have multi-stage CNNs that formulate pose estimation problem as regression of image to confidence maps depicting joint locations. They use intermediate supervision to address vanishing gradients in deep CNNs. The predictions of these networks are refined over the successive stages as their receptive fields increases in deeper stages. Recent body of work [2–5, 25] show that multi-stage CNNs learn more expressive features and implicit spatial dependencies between joints directly from large-scale data and perform better as compared to classical methods. CPM employs a top-down approach wherein a person detector outputs a detection that is fed to single-person pose estimation network. The runtime of top-down approach is proportional to the number of people in the image. In contrast,

RMPE employs a bottom-up approach wherein a single network detects and estimates joints for all the persons in the image. RMPE uses ‘simultaneous detection and association.’ The network predicts the confidence maps for joint locations followed by associating PAFs that encode part-to-part relations. Cao *et al.* show that the runtime of RMPE with its bottom-up approach increases relatively slowly with respect to the number of persons in the image. Thus this bottom-up approach is efficient as compared to top-down approach in CPM.

In this thesis, we adopt the common pose estimation formulation which regresses image to confidence maps. In particular, we concentrate directly on the pose machines published by CMU (CPM and RMPE) [3, 4] that won the COCO 2016 keypoints challenge. We analyze the RMPE architecture on a new large-scale data set - EGGNOG [8] - with the main goal of replicating Kinect v2’s human pose generation capability with a simple RGB camera and CNNs. We contribute by retraining and evaluating RMPE on the EGGNOG data set and by providing an analysis of the RMPE adaptation process to a specific domain.



## Chapter 3

# Adapting and Retraining RMPE for EGGNOG

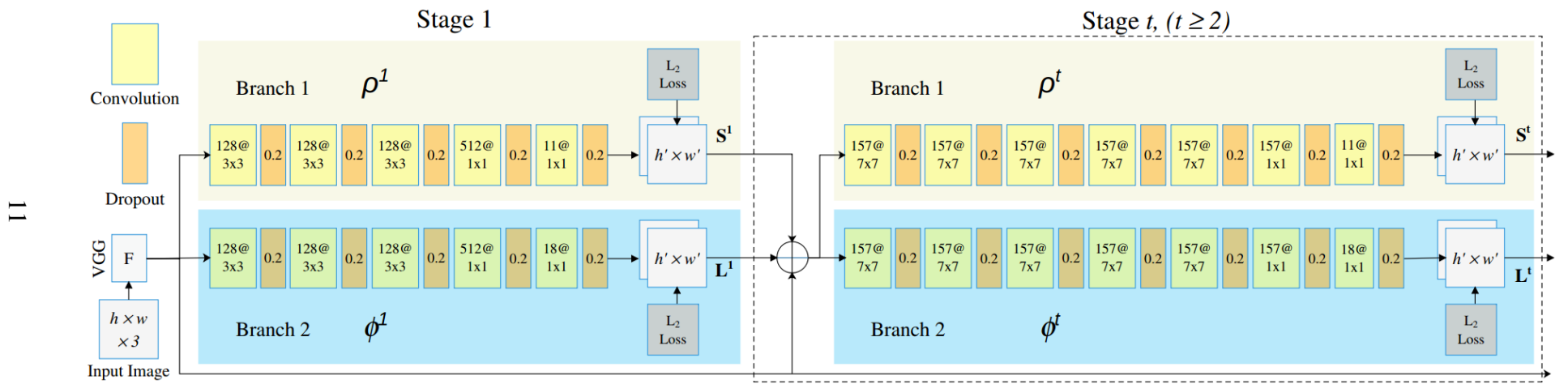
Our goal is to determine whether RMPE can be retrained for a specific domain without manually labeling data, and if doing so produces a network that outperforms the standard RMPE trained on a general-purpose data set. This section describes how RMPE is adapted and retrained for the EGGNOG domain. In order to address our goal to estimate Kinect-style 2D poses from RGB images we adapt and retrain RMPE on the EGGNOG data set. The adaptations are necessitated primarily due to the differences between COCO on which RMPE was trained originally and EGGNOG on which we retrain RMPE. The differences include factors such as dissimilar schemes of joint annotations and training set characteristics. The adaptations facilitate retraining RMPE on 2D skeleton pose data from EGGNOG that was generated by Kinect v2. We overview the methods and experiments that detail about our adapted RMPE along with the results of the experiments. We address the primary question of how an adapted RMPE architecture trained on EGGNOG - having large-scale, domain specific, and potentially noisy Kinect data - performs relative to the RMPE trained on a general-purpose COCO data set. In brief, we aim to illustrate the RMPE adaptation process and educate about domain-specific retraining. Section below discusses network implementation details covering data set overview, data pre-processing, network parameters, and evaluation metrics. The experiment answering our primary question is called baseline experiment on top of which experiments from chapter 4 are conducted.

### 3.1 Adapting RMPE for EGGNOG

Prior to the architectural details of our adapted RMPE, we will discuss the characteristics of the EGGNOG data set that motivated the modification to RMPE architecture. Ideally, we would retrain RMPE without changing its architecture in any way, to create to perfect apples-to-apples comparison in section 3.3. Unfortunately, differences between the COCO and the EGGNOG data sets require small architectural changes. Users in EGGNOG are standing behind a table; their legs

and feet are not visible. We therefore train RMPE to detect the 10 upper body joints (listed in section 3.2) that are common to the Microsoft skeleton and the COCO data labels, meaning that our adapted RMPE predicts 11 confidence maps (10 for joints and one for background) and 18 PAF maps corresponding to the joint connectors formed by those 10 joints. In contrast, RMPE predicts 19 confidence maps and 38 PAF maps because its training set (COCO data set) contains 18 annotated joints and corresponding 38 joint connectors. Therefore we change the final convolutional layer at every stage of RMPE to predict the modified number of feature maps i.e., 11 joint confidence maps and 18 PAF maps. Another necessary modification was the addition of spatial dropout layers after convolutional layers to avoid overfitting that was observed when dropout was not introduced. With these modifications, we build a baseline system that experiments with our adapted RMPE (shown in Figure 3.1) by retraining it for CWC domain represented by EGGNOG.

Figure 3.1 shows our modified RMPE. The details are similar to those in [4]. Similar to the original RMPE, our network produces a set of 2D confidence maps (Figure 3.3b first row) and 2D Part Affinity Field vectors (PAFs) (Figure 3.3b second row) for an input image of size  $h \times w$ . Locations of joints in 2D pixel space are then extracted from the predicted 2D confidence maps using simple non-max suppression methods described in RMPE paper [4]. The network outputs  $J$  confidence maps - one corresponding to each joint - denoted by  $\mathbf{S}$  in Figure 3.1. It also outputs  $C$  affinity vector maps (PAFs) - one corresponding to each limb formed using pairs from set of  $J$  joints - denoted by  $\mathbf{L}$  in Figure 3.1.



**Figure 3.1:** General architecture of our adapted RMPE: two-staged RMPE inspired by [4]

The input RGB images are fed through the VGG feature extractor block at the beginning of the network to generate feature maps  $\mathbf{F}$  (details of VGG block in appendix). This block has first 10 layers of VGG-19 [28] network. These feature maps ( $\mathbf{F}$ ) are fed as input to both the branches of stage 1. The first stage outputs confidence maps  $\mathbf{S}^1 = \rho^1(\mathbf{F})$  and PAF maps  $\mathbf{L}^1 = \phi^1(\mathbf{F})$  where  $\rho^1$  and  $\phi^1$  are the CNNs from branch 1 and 2 of the first stage. The structure of convolutional block for every stage after stage 2 is identical to stage 2 block structure. For each stage after stage 1, the predictions from both the branches of the previous stage and VGG feature maps  $\mathbf{F}$  are concatenated and fed as input to the next stage such that,

$$\mathbf{S}^t = \rho^t(\mathbf{F}, \mathbf{S}^{t-1}, \mathbf{L}^{t-1}), \forall t \geq 2, \quad (3.1)$$

$$\mathbf{L}^t = \phi^t(\mathbf{F}, \mathbf{S}^{t-1}, \mathbf{L}^{t-1}), \forall t \geq 2, \quad (3.2)$$

where,  $\rho^t$  and  $\phi^t$  are the CNNs from branch 1 and 2 of stage  $t$ . This formulation is similar to what is proposed in [4].

Replicating the loss functions from original RMPE, we use  $L_2$  loss function at the end of each stage to enforce intermediate supervision. For each stage, the losses are calculated at the end of each branch between predicted feature maps and ground truth feature maps. Similar to [4], for stage  $t$  the losses are calculated as follows,

$$f_{\mathbf{S}}^t = \sum_{j=1}^J \|\mathbf{S}_j^t - \mathbf{S}_j^*\|_2^2, \quad (3.3)$$

$$f_{\mathbf{L}}^t = \sum_{c=1}^C \|\mathbf{L}_c^t - \mathbf{L}_c^*\|_2^2, \quad (3.4)$$

where  $\mathbf{S}_j^*$  and  $\mathbf{L}_c^*$  are the ground truth confidence maps and PAF maps respectively. Process to generate ground truths for EGGNOG is discussed in the next section. Total loss  $f$  of the network is sum of all the losses at each stage and each branch defined by,

$$f = \sum_{t=1}^T (f_S^t + f_L^t), \quad (3.5)$$

where,  $f_S^t$  and  $f_L^t$  are the losses at stage  $t$  for the confidence map predictor and PAF predictor branches respectively.

We observed that lesser degree of augmentation of training data helped achieving better performance as compared to higher degree of augmentation used in original RMPE. The augmentation parameters used in this thesis are discussed in the methodology below. We keep the network learning parameters and weight decay parameters as same as the original RMPE model.

PAFs are beneficial to establish association between body parts (joints) when there are multiple subjects present in input image. In the EGGNOG data set we have only one subject per image frame. However, we concluded experimentally that having a PAF predictor branch in the network boosts the PCK performance even when only one subject is present.

## 3.2 Experimental Methodology

Retraining RMPE on EGGNOG requires input and ground truth pairs. EGGNOG, being a Kinect data set, provides the data in video format along with 2D pose annotations for each frame in the video. These 2D poses are generated from 3D poses and depth information captured by the Kinect. Before the individual RGB frames can be fed to our network, they need certain pre-processing to make them compatible with the network architecture. We also augment this data to allow network to generalize. In order to facilitate network learning for each input we need the ground truths against which we compare the predictions. Ground truths are Gaussian belief maps and they are generated using the methodology in [4]. Following sections introduce the EGGNOG data set, input pre-processing, ground truth generation, and data augmentation. Finally, we review the standard evaluation metrics used for pose estimation models.

### 3.2.1 EGGNOG data set

EGGNOG data set [8] has over ~300K RGB image frames distributed among 360 trials and 40 human subjects with the videos spanning over 8 hours. It was recorded using a Microsoft Kinect v2 sensor that outputs poses in 3D. EGGNOG also provides corresponding 2D poses that are extracted from 3D poses using 2D-pose-from-depth algorithm. It provides 25 joints annotated with a scheme provided by Kinect v2. EGGNOG is an upper-body data set Figure 3.2a with only 19 joints from hips and above out of original 25 joints visible in the frames. The experiments conducted in this thesis use only 10 joints which are Head, Spine Shoulder, Left Shoulder, Left Elbow, Left Wrist, Right Shoulder, Right Elbow, Right Wrist, Left Hip, and Right Hip as shown in Figure 3.2b. We divide the EGGNOG data set in training, validation, and testing sets containing 28, 8, and 4 subjects respectively.

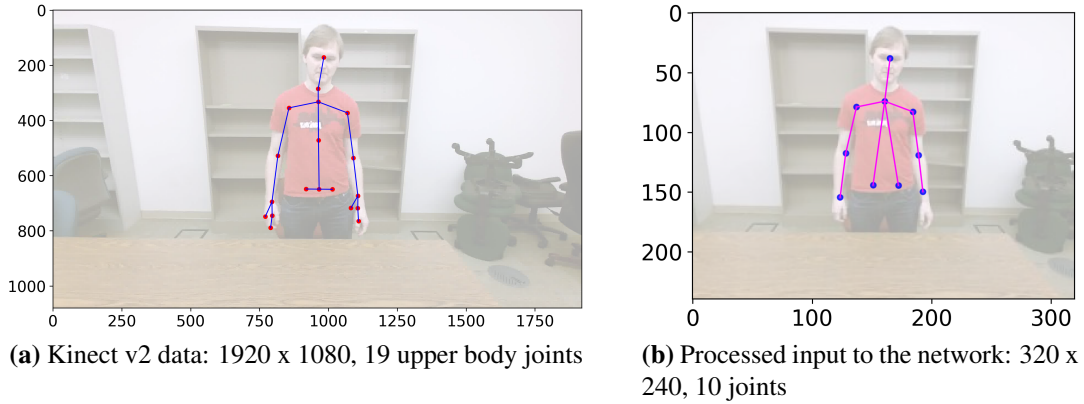
### 3.2.2 Inputs and Ground Truth Generation

#### Inputs:

Data collected by Kinect v2 has resolution of 1920 x 1080 pixels. We extract individual frames from the video data in .avi format yielding image frames of size 1920 x 1080 pixels (Figure 3.2a). From this high resolution image, we crop out extraneous patches of width 240 pixels from left and right side of the image based on the observation that the subject in EGGNOG approximately stays in the center the image. Next, we reduce both the dimensions of image by a factor of 4.5 to get an image of size 320 x 240 pixels. This lower resolution image (Figure 3.2b) is closer to what original RMPE uses (368 x 368) as input and it also allows network to train faster as compared to high resolution input images.

EGGNOG provides annotations for 19 visible joints. However, some of the joints such as thumb and hand tips are noisy. Therefore, we decided to exclude those joints from our analysis. In order to have one-to-one comparison with original RMPE, we work with only 10 joints that are common between the COCO and EGGNOG data sets. Figure 3.2a shows (in red dots) all 19

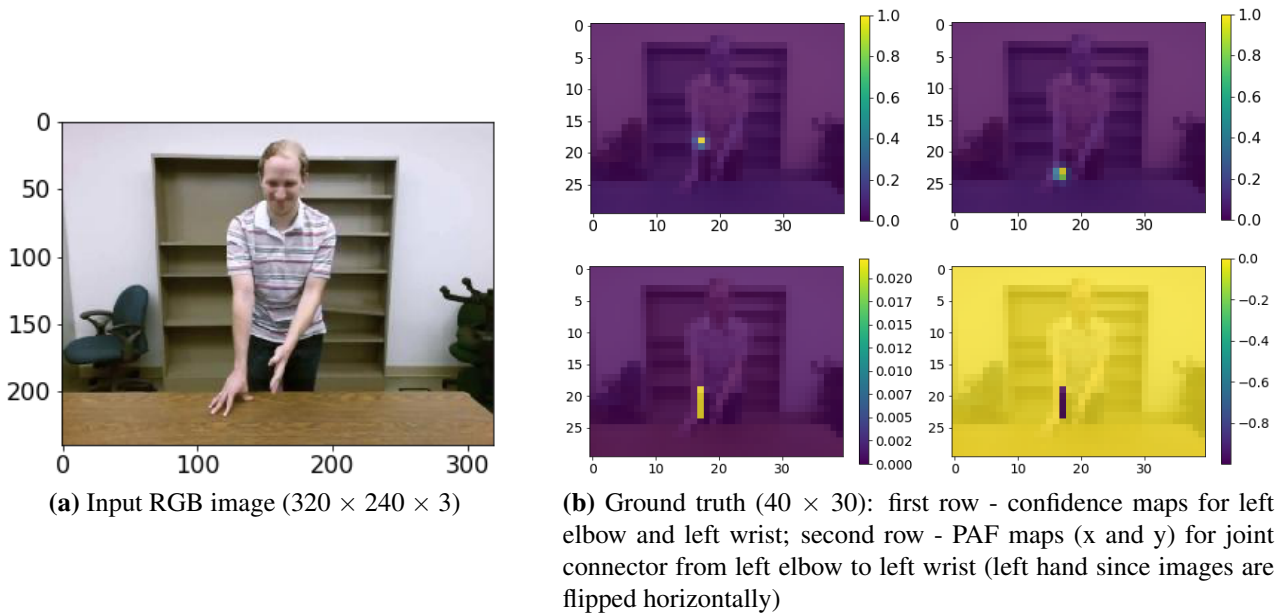
joints visible in EGGNOG and Figure 3.2b shows (in blue dots) the only joints that we used during training.



**Figure 3.2:** Comparison of Kinect v2 data and input data to our network

### Ground Truths:

We use the algorithms specified in the ‘Method’ section of RMPE paper [4] to generate the ground truth confidence maps  $S^*$  and PAF maps  $L^*$ .



**Figure 3.3:** Input and Ground truths

The confidence maps are Gaussian in 2D pixel space representing the belief that a joint occurs at specific pixel location. To generate the confidence map for joint  $j$ , we use the 2D joint annotations ( $\mathbf{x}_j \in \mathbb{R}^2$ ) from Kinect data after transforming them to a 40 x 30 ground truth space. First row of Figure 3.3b shows the confidence maps for right elbow and right wrist overlaid on down-sampled input image. Values in confidence map range from 0 to 1 with 0 meaning no belief and 1 meaning complete belief that a particular joint is present at that pixel. The value of confidence map for joint  $j$  at pixel location  $\mathbf{p} \in \mathbb{R}^2$  is defined by,

$$\mathbf{S}_j^*(\mathbf{p}) = \mathbf{exp}(-\alpha \times \|\mathbf{p} - \mathbf{x}_j\|_2^2), \quad (3.6)$$

where,  $\alpha$  determines the spread of the Gaussian belief map.

PAF maps are generated for all the joint connectors  $c$  from the set of joint connectors  $C$ . Consider a joint connector  $c$  formed by connecting joint  $j_1$  at location  $\mathbf{x}_{j_1}$  to  $j_2$  at location  $\mathbf{x}_{j_2}$ . The value of PAF map for a joint connector  $c$  at pixel location  $\mathbf{p} \in \mathbb{R}^2$  is defined by,

$$\mathbf{L}_c^*(\mathbf{p}) = \begin{cases} \mathbf{v} & \text{if } \mathbf{p} \text{ is on joint connector } c. \\ \mathbf{0} & \text{otherwise.} \end{cases} \quad (3.7)$$

Here,  $\mathbf{v}$  is a unit vector from joint  $j_1$  to  $j_2$  defined by,

$$\mathbf{v} = (\mathbf{x}_{j_2} - \mathbf{x}_{j_1}) / \|\mathbf{x}_{j_2} - \mathbf{x}_{j_1}\|_2, \quad (3.8)$$

A point  $\mathbf{p}$  is considered to be on the joint connector  $c$  if it follows

$$0 \leq \mathbf{v} \cdot (\mathbf{p} - \mathbf{x}_{j_1}) \leq l_c \text{ and } |\mathbf{v}_\perp \cdot (\mathbf{p} - \mathbf{x}_{j_1})| \leq \sigma_l. \quad (3.9)$$

Here,  $l_c = \|\mathbf{x}_{j_2} - \mathbf{x}_{j_1}\|_2$  is the length of the joint connector from joint  $j_1$  to  $j_2$  and  $\sigma_l$  is the width of the same connector in pixels.



### 3.2.3 Data Augmentation

We augment the RGB images by randomly choosing an angle of rotation from  $[-12^\circ, +12^\circ]$ , scaling factor from  $[0.8, 1.2]$ , horizontal flipping probability of 0.5, and translation value (in number of pixels) along horizontal and vertical direction from  $[-40, 40]$ . While generating the joint confidence maps and PAF maps for EGGNOG, we selected  $\alpha = 2.25$  and limb width ( $\sigma_l$ ) = 0.75 in equation 3.6 and 3.7 respectively.

### 3.2.4 Network Parameters

We train our modified network with network parameters identical to what original RMPE used. For our network, the base learning rate is  $4 \times 10^{-5}$ , the momentum factor for Stochastic Gradient Descent (SGD) optimizer is 0.9, and the weight decay factor is  $5 \times 10^{-4}$ . For the EGGNOG data set the network converges after approximately 100 epochs as determined by inspecting the network loss graphs on validation set.

### 3.2.5 Evaluation Metrics

We evaluate our experiments with Percentage of Correct Keypoints (PCK) and Percentage of Correct Keypoints w.r.t. Head Segment (PCKh) metrics. We also report the Area Under the Curve (AUC) for the PCK curves.

For PCK metric, a keypoint is considered to be predicted correctly if its predicted location falls within some normalized distance from its ground truth location. As proposed in [14], the normalized distance is defined using the formula  $\alpha \cdot \max(h, w)$ , where  $h$  and  $w$  are respectively the height and width of the tightest bounding box that encloses all the ground truth keypoints of the particular test sample. Multiplier  $\alpha$  is varied from 0 to 0.5 to control the normalized distance threshold used to decide correctness of predicted keypoint. We vary  $\alpha$  only up to 0.5 because for  $\alpha > 0.5$  the ‘PCK versus Normalized Distance’ plot saturates to  $\text{PCK} \approx 1.0$ . As  $\alpha$  becomes 1.0, the allowed margin for error increases to approximately 97.36 pixels which is a large margin with respect to the size of the test image ( $320 \times 240$  pixels).

In PCKh metric the normalized distance is calculated with respect to the length of the head segment of the subject. Head segment in case of the EGGNOG data set is the segment from Head joint to the Spine Shoulder joint. The results sections of all the experiments in this thesis only discuss the PCK metric, however, the results of PCKh metric are included in the appendix.

## **3.3 Evaluating adapted and retrained RMPE on EGGNOG**

### **3.3.1 Goal**

Primary goal of this baseline experiment is to demonstrate replication Kinect v2’s skeleton prediction capability by adapting RGB based pose estimation techniques, in particular, the RMPE. This experiment also addresses if retraining RMPE in new domains such as CWC is beneficial in achieving better PCK performance as compared to using off-the-shelf, pre-trained RMPE network. This experiment establishes a baseline PCK score against which we compare results from all the experiments in chapter 4 involving line-search for the best network parameters.

### **3.3.2 Methodology**

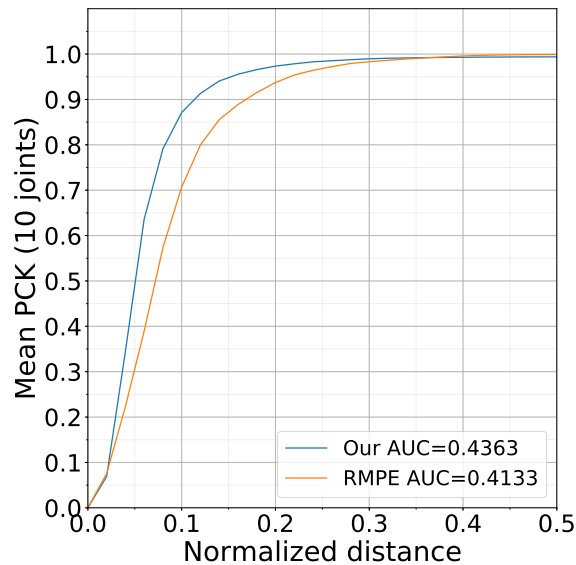
Network for this experiment consists of a two-staged RMPE network simultaneously predicting both the joint locations and PAFs as shown in Figure 3.1. Each stage iteratively refines the predicted joint locations. Training set consists of 40000 images evenly distributed among 28 subjects (from 14 trial sessions of EGGNOG) and validation set consists of 4000 images evenly distributed among 8 subjects (from 4 trial sessions of EGGNOG). We reserve 4 subjects for the test set to evaluate all the experiments discussed hereafter. This network predicts location feature maps (confidence maps) for 10 joints listed in the experimental methodology section.

We compare performance of RMPE and our model on a test set of 5000 images chosen randomly from the test set of the EGGNOG data set. We use two metrics viz., Percentage of Correct Keypoints at normalized distance of 0.1 (PCK@0.1) and Area Under the Curve (AUC) calculated for the ‘PCK against Normalized Distance’ plot.

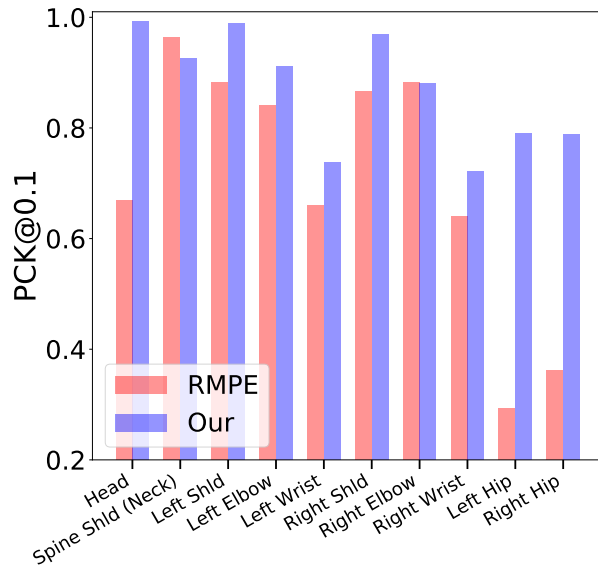
### 3.3.3 Results with the adapted and retrained RMPE

Figure 3.4 shows mean PCK plots for 10 joints on the same test set of 5000 images. Red curve is when the test set is fed through the off-the-shelf RMPE weights while the blue curve is when we modify and retrain the RMPE network specifically for EGGNOG.

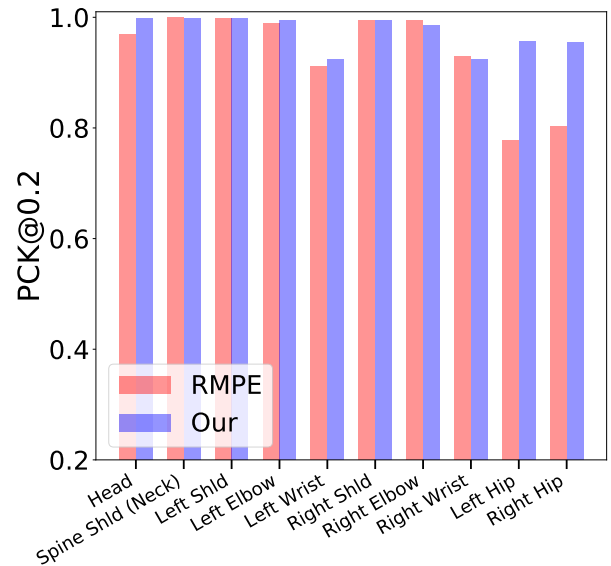
In order to emphasize the advantage of retraining the RMPE for the specific domain of EGGNOG, we use PCK@0.1 as a metric to compare our results with RMPE’s results. PCK@0.1 corresponds to a normalized distance of approximately 9.74 pixels on this specific test set with images of size 320 x 240. PCK@0.1 for our modified RMPE model is 0.8797 whereas for the original RMPE model it is 0.7009. From the performance of our model, we can conclude that it is possible to replicate Kinect v2’s skeleton prediction capability using the modified RMPE network with almost 87.97% accuracy. Increased PCK@0.1 score suggests that retraining RMPE for our specific domain of the EGGNOG data set helps in reducing the errors in prediction of joint locations. To understand the overall performance with various thresholds of normalized distances, we use the AUC metric. AUC of baseline experiment is 0.4363 while AUC for original RMPE model is 0.4133 which means that our model’s overall performance is better than the overall performance of RMPE on EGGNOG.



**Figure 3.4:** Mean PCK of 10 joints: original RMPE tested on EGGNOG vs. our adapted RMPE trained and tested on EGGNOG



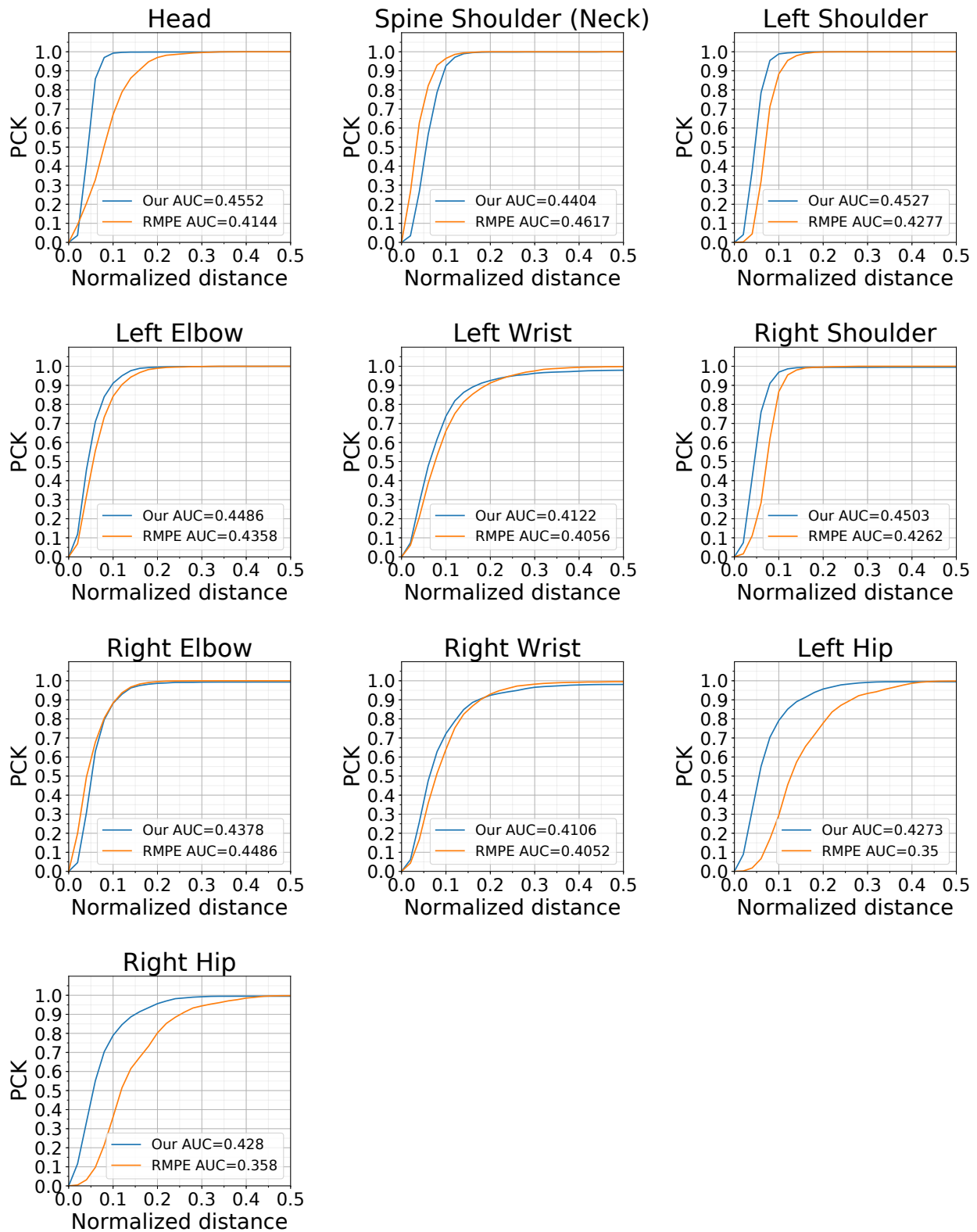
(a) PCK@0.1



(b) PCK@0.2

**Figure 3.5:** PCK@0.1 and PCK@0.2 for individual joints: original RMPE tested on EGGNOG vs. our adapted RMPE trained and tested on EGGNOG

In order to understand how prediction of individual joints is working, we analyzed results of our network and RMPE network for individual joints as shown in Figure 3.5a, Figure 3.5b, and Figure 3.6. Except for two joints (Spine Shoulder and Right Elbow), our modified model gives better performance for PCK@0.1 as compared to RMPE model. RMPE performs particularly poor for the hip joints (LHip and RHip). This is because RMPE was trained with definitions of hip joints defined by COCO and EGGNOG test set has slightly different definitions of where the hip joints should be located.



**Figure 3.6:** PCK curves for individual joints: original RMPE tested on EGGNOG versus our RMPE trained and tested on EGGNOG

# Chapter 4

## Experiments and Evaluation

We showed with the baseline experiment that RMPE can be trained using Kinect data. In this chapter we discuss a set of experiments dealing with network parameters and architecture. These experiments analyze effects of various factors on training and the performance of our modified RMPE network. Our goal is to understand network retraining process revealing interesting findings on RMPE's practical application to CWC project represented by the EGGNOG data set. In particular, we show how factors such as spatial dropout, number of RMPE network stages, number of training subjects, number of training samples, data augmentation, etc. affect the performance of our network. This study basically illustrates network parameter search.

In the first section, we begin with the experiments that study the effects of spatial dropout introduced to address the overfitting issue while retraining RMPE on the EGGNOG data set. Next section contains experiments that analyze how number of stages in RMPE architecture affect its performance. Next section describes experiments analyzing the effect of number of training samples on the performance of our network. Final section contains experiments addressing the question of how many subjects should be included in the training set.

### 4.1 Experiments with Spatial Dropout

#### 4.1.1 Goal and Hypothesis

One of the changes moving from the original RMPE to our baseline model (described in chapter 3) was the use of spatial dropout techniques to avoid over-fitting. We observed that addition of spatial dropout layers after each convolutional layer reduced the over-fitting on the EGGNOG data set. For baseline experiment we use a constant dropout rate of 0.2 for every spatial dropout layer after the convolutional layers in each stage. We observed that the original RMPE with no dropout over-fits on EGGNOG. The goal was to improve the original RMPE's performance on EGGNOG

by avoiding the over-fitting with addition of spatial dropout regularization. In these experiments, we analyze how different dropout strategies affect the network performance.

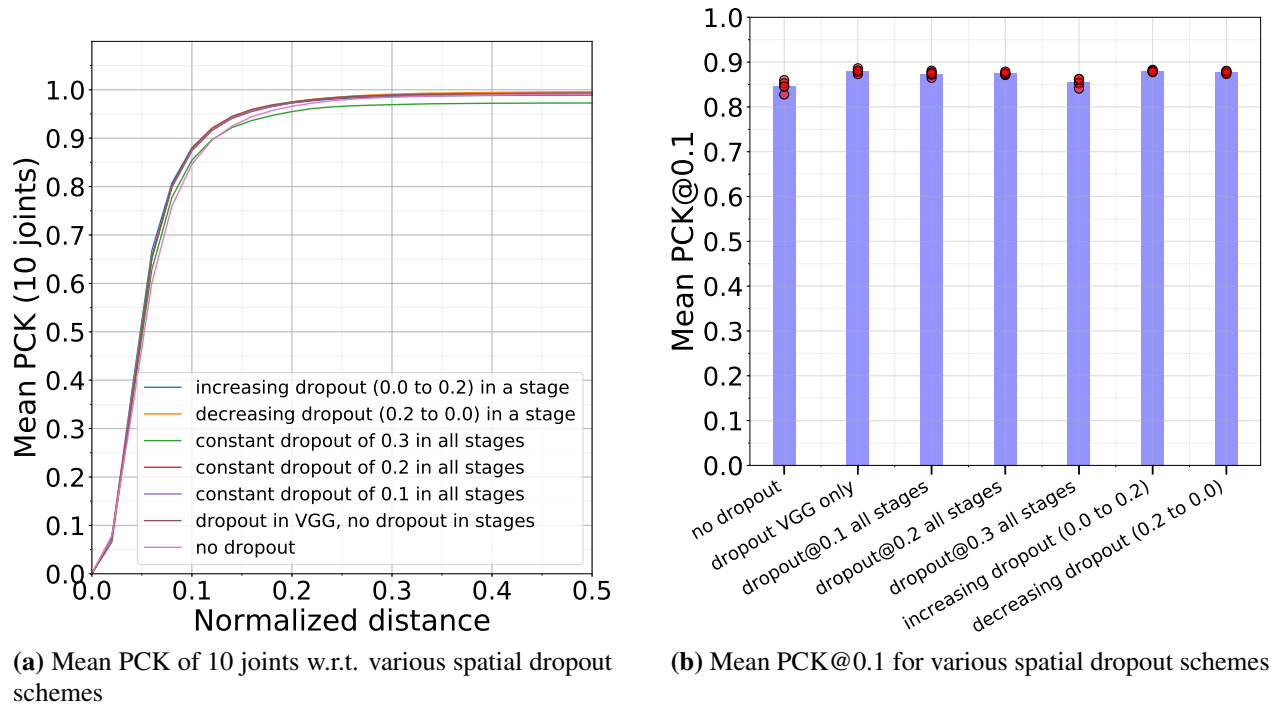
### 4.1.2 Methodology

Tompson *et al.* [26] formulated a new regularization technique of spatial dropout to improve generalization of the trained network while solving pose estimation problem. They found that the standard dropout technique does not prevent over-fitting because the pixels within a feature map were still strongly correlated even after dropping out random pixels by setting their activations to zero. To avoid this issue they introduced spatial dropout where activations of entire feature map are randomly set to zero. Similar to their results, we observe improvements in performance of our network with addition of spatial dropout.

In particular, after every convolutional layer we randomly choose a feature map with a certain probability (selected empirically) and set that entire feature map to zero. Meaning all the activation values in that feature map are set to zero. Spatial dropout is significantly effective than normal dropout technique because it drops entire feature map instead of individual values in that feature map. Feature map activations usually exhibit strong spatial correlation. Therefore, with standard dropout technique the network may exploit this spatial correlation to estimate the dropped value. However, spatial dropout avoids this because the entire feature map is dropped and network needs to learn that feature map again. For our network shown in Figure 3.1, we add spatial dropout layers after every convolutional layer with some specific dropout rate.

### 4.1.3 Results and Discussion on Experiments with Spatial Dropout

Figure 4.1a and Figure 4.1b show the mean PCK scores for five trials of experiments with different versions of spatial dropout. With a dropout rate of 0.0, mean PCK@0.1 score is 0.8462. When spatial dropout with rate of 0.2 is introduced, mean PCK@0.1 increases to 0.8786. If we further increase the dropout rate to 0.3, mean PCK@0.1 drops to 0.8544. We experimented with other variations of the dropout and concluded that for the EGGNOG data set a spatial dropout with a constant rate of 0.2 gives relatively better performance. Dropout rate of 0.2 is a balance point



**Figure 4.1:** Mean PCK variations w.r.t. various spatial dropout schemes

between over-fitting and under-fitting of our network to the EGGNOG data set. We stick with this rate for all the other experiments in this chapter.

Before spatial dropout was introduced (meaning spatial dropout rate of 0.0), we observed over-fitting in training leading to a low PCK performance. The literature suggests that over-fitting during training is sensitive to data set and dropout techniques are important in avoiding over-fitting [26]. For the EGGNOG data set, we observed that spatial dropout rate of 0.2 reduces over-fitting and gives a decent PCK@0.1 of 0.8786. Note that this dropout rate is specific to the EGGNOG data set to get good performance.

The EGGNOG data set is consistent in two ways. First, the image frames look very similar to each other with low variations in background and poses. Therefore, EGGNOG is much more consistent in training signal as compared to COCO with wider variations in images. Second, as the data is collected using Kinect sensor, there is consistency in training signal in terms of definition of joint locations. Over-fitting in EGGNOG can be attributed to these two factors. In general, the more randomness the data set has, the less you have to worry about over-fitting. Given its



low randomness in training signal, the spatial dropout may have mattered in our domain to avoid over-fitting.

## 4.2 Experiments with Number of Stages in Architecture

### 4.2.1 Goal and Hypothesis

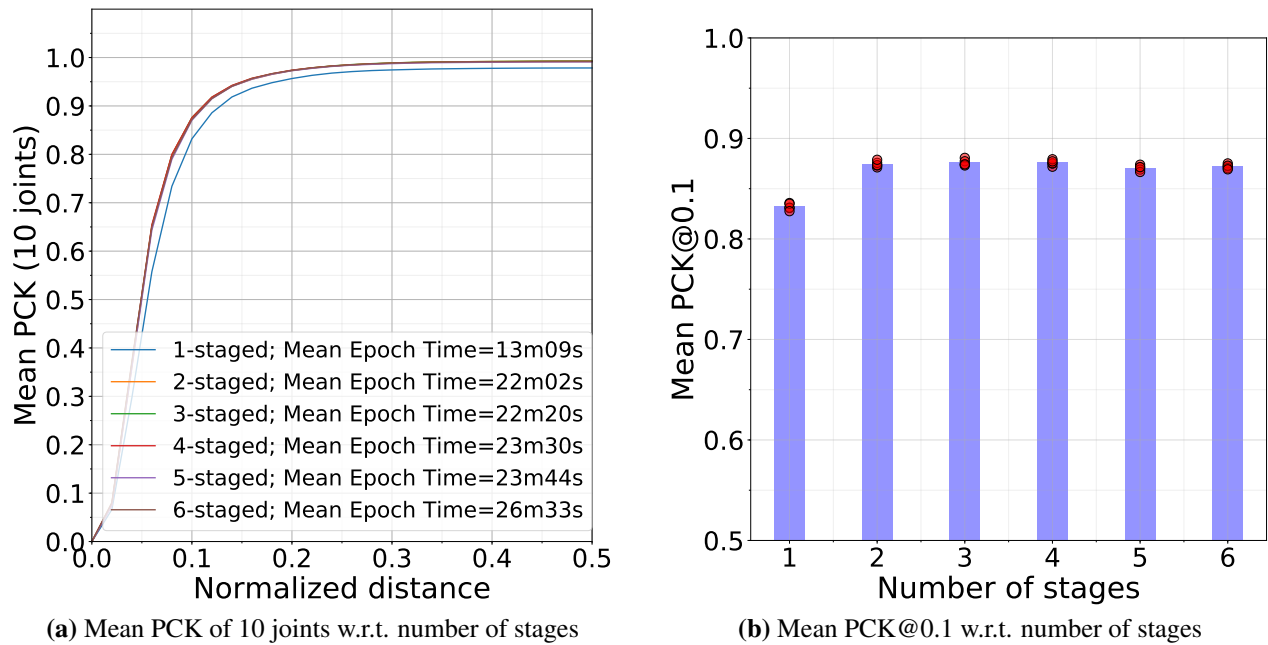
RMPE authors show that PCK performance of their network improves monotonically with addition of each stage. For the original RMPE, the improvement going from one-staged network to two-staged network is higher as compared to the improvements after addition of each stage to two-staged network. Goal of these experiments is to understand how the depth of our network defined by the number of stages helps refining the joint location predictions. Specifically, we measure the improvements in PCK score with incremental addition of a stage up to six stages. We do performance versus cost analysis to determine the required number of stages in our adapted RMPE that will result in better or equal PCK score as the baseline experiment while keeping the training cost and number of network parameters low. These experiments test if EGGNOG training set follows the claim from RMPE paper that increasing the stages leads to refined results with higher PCK score.

### 4.2.2 Methodology

In these set of experiments, we use the same training set, network parameters, and learning parameters as the baseline experiment from chapter 3 and only change the number of stages to analyze its effect on PCK score. The experiment with one-staged network contains the initial VGG block denoted by  $\mathbf{F}$  in Figure 3.1 and a block of five convolutional layers forming the first stage. For all the experiments with more than one stages, we add to one-staged network a convolutional block of seven layers that constitutes a stage. Similar to the baseline experiment, each of these stages predict a set of 2D confidence maps and PAF maps that are compared with the ground truth in the loss function. For each experiment we run five trials to get central tendency of PCK scores.

### 4.2.3 Results and Discussion on Experiments with Number of Stages in Architecture

Fig. 4.2a is mean PCK for 10 joints against the normalized distance for six experiments with number of stages varying from one to six. Fig. 4.2b shows mean PCK@0.1 with five trials of each experiment.



**Figure 4.2:** Mean PCK variations w.r.t. number of stages

Figure 4.2a shows that mean PCK score for a one-staged network is generally lower at different normalized distance thresholds as compared to networks with more than one stages. For the one-staged network, we see in Figure 4.2b that PCK@0.1 score is 0.8320 (mean for five trials). This score increases to 0.8745 for two-staged network. However, as we increase the stages beyond two, there are diminishing returns in the PCK@0.1 performance because it stays close to 0.87 with addition of extra stages to the two-staged network. Unlike RMPE, we do not observe any improvement in PCK score going from two-staged architecture to three-staged architecture in case of the EGGNOG data set.

Next we analyzed the training times of these experiments. On Nvidia TITAN V 12GB GPU, the average epoch time during training for a one-staged network is 13:09 minutes. Adding one more stage after stage one increases the average epoch time to 22:02 minutes. As we increased the number of stages till six, we observe that addition of each stage increased the training time by a small amount suggesting that the time increases sub-linear. The one-staged network takes least amount of training time. Addition of every stage to a one-staged network increases the number of convolutional layers by seven thereby increasing the number of network parameters.

We conclude that for the EGGNOG data set, a two-staged network is a good choice because of a) its better PCK@0.1 score as compared to one-staged network and b) lower training times and lower number of convolutional layers and parameters as compared to its multi-staged counterparts.

## **4.3 Experiments with Number of Training Samples**

### **4.3.1 Goal and Hypothesis**

We study in these experiments how the of number of training samples from the EGGNOG data set affects PCK performance of our baseline network from chapter 3. The original RMPE was trained on COCO data set which contains over 100K instances of annotated humans. In the EGGNOG data set we have ~300K instances of annotated images distributed among 360 trials. Our goal is to find the optimal number of training samples for a good PCK score while keeping the training times low. We study how many of those ~300K samples from the EGGNOG are actually needed to get decent PCK@0.1 score. In the context of domains such as EGGNOG, this study provides a general guideline on how much data should be collected in labs for pose estimation network to train sufficiently.

### **4.3.2 Methodology**

We conducted these experiments on top of the baseline experiment from chapter 3 to study the effect of number of training samples. While keeping all the network parameters and learning parameters the same as the baseline model, we only varied the number of training samples. In par-

ticular, the distribution of training and validation samples for conducted experiments was 650:63, 1.25K:125, 2.5K:250, 5K:500, 10K:1K, 20K:2K, 40K:4K, and 80K:8K. For each experiment we ran five trials to get central tendency of PCK scores.

The EGGNOG data set has approximately 300K samples that could be used for training and training on more data is generally a lucrative approach. However, with increased number of training samples we face two issues - over-fitting to the training set and increased time to train the network. Therefore, we analyze what is an optimal number of training samples to have a good PCK@0.1 score and low training times along with low over-fitting to the training set. Although, over-fitting cannot be completely eliminated, we showed experimentally in earlier section that it can be controlled with spatial dropout regularization techniques.

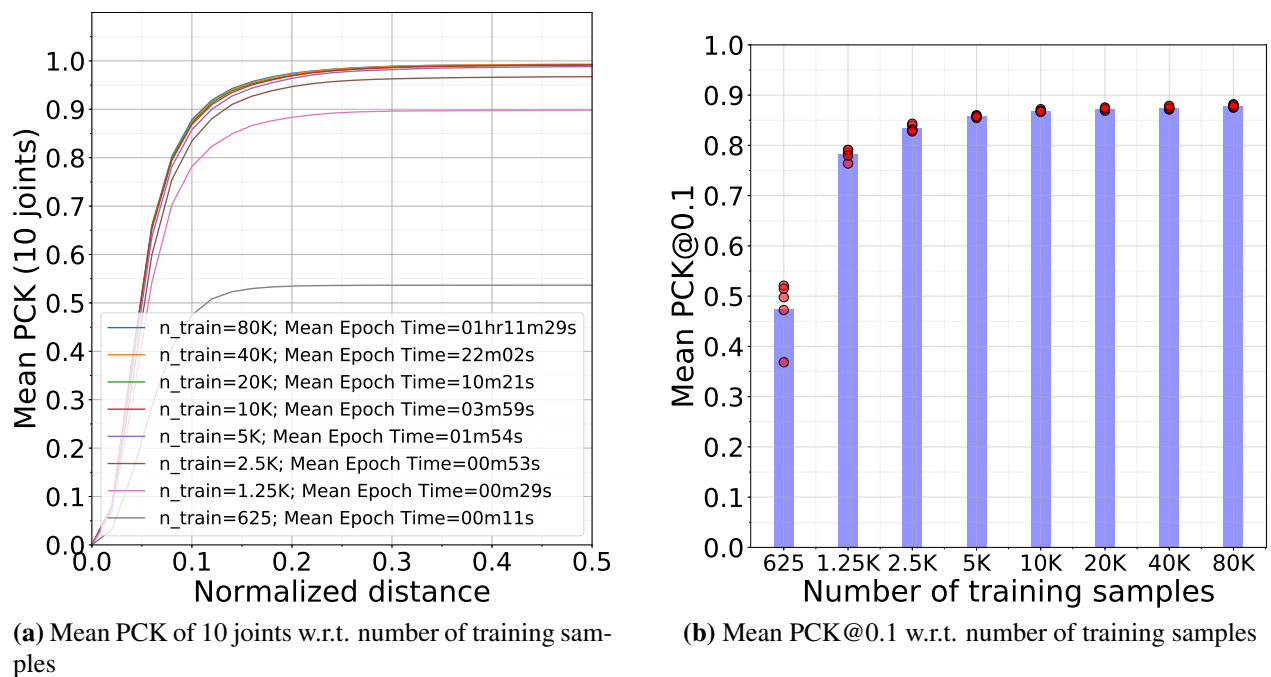
### **4.3.3 Results and Discussion on Experiments with Number of Training Samples**

Figure 4.3a and Figure 4.3b show the PCK performance of the experiments as a function of number training samples. Fig. 4.2a shows mean PCK for 10 joints against the normalized distance for the experiments with varying number of training samples. Fig. 4.2b shows mean PCK@0.1 for 10 joints with five trials of each experiment.

As we see in Figure 4.2b, even with a small subset such as 40K training images from the entire EGGNOG data set, we achieve PCK@0.1 of 0.8745. When we add 40K more samples to increase the training set to 80K images, PCK@0.1 improves slightly to become 0.8784. This suggests that there is marginal advantage to using the entire EGGNOG data set for training. At lower ends, we see that PCK@0.1 deteriorates rapidly if the number of training samples go below 2K. Also we observe a lot of variance in PCK@0.1 values for the trials of experiment with 625 training samples. This is because the network does not get to learn variations in input images with lower training set size and performs poorly on the test set.

We also compared the training times of these experiments with varying training set size. The baseline experiment (with 40K training samples from Figure 4.3a), has an average epoch time of

22:02 minutes. As we increase the number of training samples 80K, the training time increases to 01:11:29 hours. Our network takes about 100 epochs to reach a satisfactory PCK score. Therefore, with a network trained on 80K samples, it takes approximately 120 hours to get the network to converge. On the other end, we observed that even though the training times for experiments with less than 10K training samples are in the orders of a few minutes, the PCK@0.1 scores are very low. Therefore for the EGGNOG data set, the training set should be more than 20K samples to have smaller training time.



**Figure 4.3:** Mean PCK variations w.r.t. number of training samples

These experiments reveal that while trading off with number of training samples and PCK@0.1 score, the optimal choice for number of training samples for the EGGNOG data set is from 20K to 40K for a two-staged network. The experiment with 40K samples takes about 36 hours to train till epoch 100 and gives mean PCK@0.1 score of 0.8745. In conclusion, although it may seem lucrative to use larger training set when training RMPE for the EGGNOG, the optimal choice of

training samples would be about 20K to 40K in order to get a good PCK@0.1 score while keeping the training time low.

## **4.4 Experiments with Number of Subjects in Training Data**

### **4.4.1 Goal and Hypothesis**

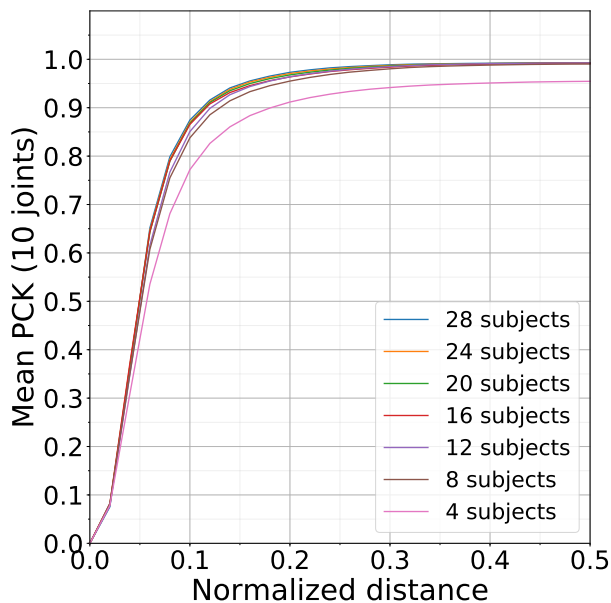
Goal of experiments is to address the question of how much lab data should be collected to train a pose estimation system that performs well. These experiments analyze the effects of number of subjects in training data similar to how the earlier experiment analyzed effects of number of training samples. The EGGNOG data set has 40 subjects overall that are divided into train, validation, and test set. We study if our network needs to see certain number of subjects to generalize better on test data set resulting in a good PCK performance. In particular, we vary the number of training subjects from 4 to 28 to understand if the variations introduced due to physical differences across human subjects play any role in PCK performance of our baseline network from chapter 3. The goal of these experiments is to find if having more subjects in training data actually helps in achieving higher PCK score.

### **4.4.2 Methodology**

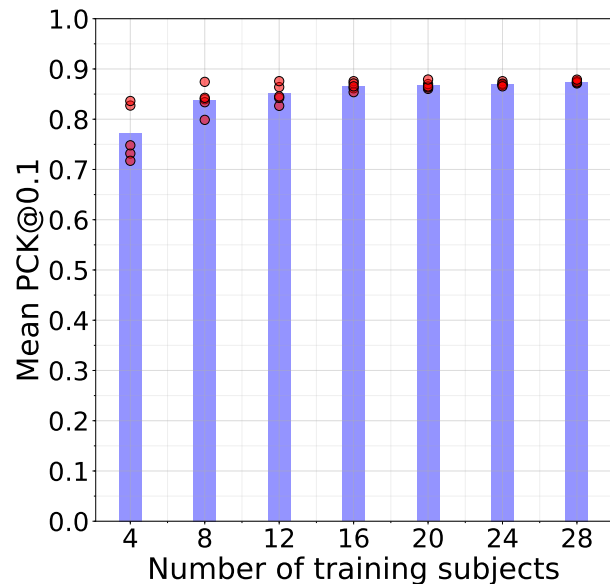
The baseline experiment has 28 subjects in training set and 8 subjects in validation set. We conducted experiments by decreasing the subjects in training set with decrements of 4 until only 4 training subjects are left. In other words, starting with 28 subjects we experimented with 24, 20, 16, 12, 8, and 4 subjects in training set and 6, 6, 4, 4, 2, and 2 subjects in corresponding validation set. We kept all the network parameters and training parameters exactly the same as the baseline experiment while only varying the number of subjects from which the training set (of 40K images) is generated. For the EGGNOG data set, this study determines how many subjects should the network see in the training set before it generalizes well on the test set. Similar to earlier section, for each experiment we ran five trials to get central tendency of PCK scores. Each of the trials has a different subset of training and validation subjects.

### 4.4.3 Results and Discussion on Experiments with Number of Subjects in Training Data

Figure 4.4a and Figure 4.4b show the PCK performance of the experiments with the number of subjects varying from 4 to 28. Figure 4.4a is mean PCK for 10 joints against the normalized distance for experiments with varying number of training subjects. Figure 4.4b is mean PCK@0.1 for 10 joints with five trials of each experiment. We see that the PCK performance degrades as the number of training subjects is decreased. This can be attributed to the fact that with lesser training subjects the network is unable to learn the variations occurring due to differences in physical appearance of training subjects. Therefore it does not generalize well to the test set containing set of subjects with different physical appearance.



(a) Mean PCK of 10 joints w.r.t. number subjects in training set



(b) Mean PCK@0.1 w.r.t. number of subjects in training set

**Figure 4.4:** Mean PCK variations w.r.t. number of subjects in training data

Figure 4.4a shows that PCK@0.1 score on the test set for the baseline experiment with 28 training subjects is 0.8745. However, for the experiment that had training set with 4 subjects, the PCK@0.1 dropped to 0.7722. We observe an overall trend that PCK score is decreasing as the

number of training subjects are decreased. In Figure 4.4b we see that the PCK@0.1 score is saturating beyond 16 subjects in the training set. These observations suggests that for the EGGNOG data set the network should at least see 16 subjects in order to generalize well on test set.

We conclude that there is a minimum required set of training subjects for our domain of the EGGNOG data set which results in network generalization. In this case study, the minimum number of subjects is at least 16 to get a good PCK score. It is a better strategy to include as many subjects in training set as possible to get a better generalization on a unseen subjects in the test set. We argue that more subjects in training set allow network to learn enough variations in physical attributes of the subjects.



## Chapter 5

### Conclusion and Discussion:

We presented a case study on adapting and retraining a popular CNN based pose estimator (RMPE [4]) to the specific domain of CWC. We proposed using RGB+D sensor (Kinect v2) to collect domain-specific data in the lab, and then trained the RGB based pose estimator (RMPE) using skeletons automatically extracted from the RGB+D data. We modified and retrained the original RMPE architecture on the EGGNOG data set. The modifications were necessitated by the characteristic differences between the EGGNOG and COCO data sets. While addressing our goal of replicating Kinect v2’s skeleton prediction capability, we demonstrated that our adaptation of RMPE trained on automatically-labeled EGGNOG data set outperforms the original RMPE on the EGGNOG data set. In other words, by tailoring RMPE to our HCI domain represented by the EGGNOG data set, we get better performance as compared to using RMPE pre-trained on other public data sets. Moreover, our experiments evaluated the adapted RMPE on EGGNOG to show that RMPE architecture can be used in generalized way for a new data set other than COCO or MPI on which it was trained. We overviewed the process of inputs and ground truth generation while adapting the EGGNOG train set for RMPE architecture.

The RMPE adaptation process revealed that our domain only needs a two-staged RMPE network to achieve a decent PCK score. Networks with more than two stages take longer to train and their improvements in PCK over a two-stages network are negligible. Thus they present an overhead in terms of time and memory with diminishing returns in PCK scores. We include spatial dropout regularization in our adapted RMPE to gain more performance. In particular, we add spatial dropout layers with dropout rate of 0.2 after every convolutional layer in our network that helped in regularization of the RMPE network on the EGGNOG data set. Before the spatial dropout regularization was introduced we observed RMPE over-fitting to the EGGNOG data set resulting in lower PCK scores. We argue that customizing RMPE for specific domains such as ours may require spatial dropout regularization.

Further, our analysis of retrained RMPE on the EGGNOG shows that training set should contain sufficient number of human subjects and training samples for the adapted pose estimation technique to generalize. In particular case of EGGNOG, we showed that the training set for adapted RMPE should contain more than 20K samples and more than 16 subjects. This study-specific result provides a general direction on how much data should be collected in labs so that a pose estimation system can be trained sufficiently.

This study can be extended into many avenues in the research of human pose estimation. One of the interesting future work is to conduct corroborative case studies on other automatically generated human pose data sets. Since EGGNOG is a video data set, we can utilize the temporal information to make stable and accurate pose estimation as recently proposed by Luo *et al.* in [10]. Methods such as VNect [29] capable of 3D pose estimation with RGB camera can also be tested on the EGGNOG data set. One of the future works that is underway is integration of our adapted RMPE network with current version of CWC project.

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